

28th November 2018

Dear Parents and Carers

You are receiving this letter as there have been a couple of potential cases of Threadworms at Nursery. Possible symptoms to look for may include:

- Extreme itching and irritated skin around the anus or vagina area
- Irritability and waking during the night
- Weight loss
- Bed wetting

If your child has a threadworm infection, it is not necessary to stay off school. However, it's important to inform us so that we can take steps to limit the spread of infection.

The life span of threadworms is approximately six weeks.

Everyone in the household must follow the advice outlined below:

- Keep children's nails short
- Remind children not to bite nails or suck fingers
- Ensure your child wears pyjamas or underpants in bed to prevent scratching
- Bathe daily, preferably in the morning, washing thoroughly around the bottom, and keep separate towels for each family member
- Change clothes and bed linen regularly
- Make sure everyone in the family is treated at the same time
- Wash hands after each visit to the toilet, before eating and before handling food
- Clean the toilet seat, toilet handle and door handle regularly
- Vacuum and dust bedrooms thoroughly

Maintaining good hygiene may help prevent re-infection.

Remember, threadworms are very common and are easily treated.

If you would like any further information, please contact your school nurse, community nurse or healthcare professional or visit:

<http://www.nhs.uk/Conditions/Threadworms/Pages/Introduction.aspx>

Thanks for your cooperation.

Nursery Team