

Aspire Academy Trust – Relationship and Sex Education Policy

Appendix 1 – Curriculum Map

Academy Name	Bugle Primary School					
Head of School	Luke Rees					
Date Completed	24/05/21					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Me and My Relationships	Valuing difference	Keeping myself safe	Rights and Responsibilities	Being my Best	Being my Best
	Marvelous Me I'm Special	Me and My Friends Friends and Family Including everyone	Safety Indoors and outdoors What is safe to go in my body.	Looking after myself. Looking after others Looking after my environment.	I can Keep trying. I can do it.	What does my body need?
Reception	Me and My relationships	Keeping myself safe	Valuing difference	Rights and Responsibilities	Being my Best	Growing and Changing
	All about me What makes me special? Me and my special people Who can help me? My feelings (1) My feelings (2)	What's safe to go into my body? Keeping myself safe-what's safe to go into my body (including medicines) Safe indoors and outdoors. Listening to my feelings. (1) Keeping safe online. People who help to keepme safe.	I'm special, you're special. Same and different Same and different families. Same and different homes. Kind and caring (1) Kind and caring (2)	Looking after my special people. Looking after my friends. Being helpful at home and caring for our classroom. Caring for our world. Looking after money (1): recognising, spending, using. Looking after money (2); saving money and	Bouncing back when things go wrong. Yes, I can! Healthy eating (1) Healthy Eating (2) Move your body A good night's sleep.	Seasons Life stages- plants, animals and humans. Life stages; Human life stage- who will I be? Where do babies come from? Getting bigger Me and my body- girls and boys.

				keeping it safe		
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Year 1	Me and My relationships	Keeping myself safe	Valuing difference	Rights and Responsibilities	Being my Best	Growing and Changing
		Why we have classroom rules Thinking about feelings Our feelings Feelings and bodies Our special people balloons Good friends How are you listening?	Healthy me Super sleep Who can help?(1) Harold loses Geoffrey What could Harold do? Good or bad touches. Sharing Pictures.	Same or different Unkind, tease or bully Harold's school rules. Who are our special people It's not fair!	I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Harold has a bad day.	Harold's wash and brush up Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid.

Year 2	Me and My relationships	Keeping myself safe	Valuing difference	Rights and Responsibilities	Being my Best	Growing and Changing
		Our ideal classroom (1) Our ideal classroom (2) How are you feeling today? Bullying and teasing? Don't do that! Types of bullying Being a good friend. Let's all be happy.	Harold's picnic How safe would you feel? What should Harold say? I don't like that. Fun or not? Should I tell? Some secrets should never be kept. Playing games.	What makes us who we are? How do we make others feel? My special people When someone is feeling left out. An act of kindness Solve the problem.		Getting on with others When I feel like erupting Feeling safe How can we look after our environment.. Harold saves for something special. Harold goes camping.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Me and My Relationships	Valuing difference	Keeping myself safe	Rights and Responsibilities	Being my Best	Growing and Changing
	Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss	Recognising and respecting diversity Being respectful and tolerant My community	Managing risk Decision-making skills Drugs and their risks Staying safe online	Skills we need to develop as we grow up Helping and being helped Looking after the environment Managing money	Keeping myself healthy and well Celebrating and developing my skills Developing empathy	Relationships Changing bodies and puberty Keeping safe Safe and unsafe secrets
Year 4	Me and My relationships	Valuing difference	Keeping myself safe	Rights and Responsibilities	Being my Best	Growing and Changing
	Healthy relationships Listening to feelings Bullying Assertive skills	Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes	Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences Online safety	Making a difference (different ways of helping others or the environment) Media influence Decisions about spending money	Having choices and making decisions about my health Taking care of my environment My skills and interests	Body changes during puberty Managing difficult feelings Relationships including marriage

	Me and My relationships	Valuing difference	Keeping myself safe	Rights and Responsibilities	Being my Best	Growing and Changing
Year 5	Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs	Recognising and celebrating difference, including religions and cultural Influence and pressure of social media	Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills	Rights and responsibilities Rights and responsibilities relating to my health Making a difference Decisions about lending, borrowing and spending	Growing independence and taking responsibility Keeping myself healthy Media awareness and safety My community	Managing difficult feelings Managing change How my feelings help keeping safe Getting help
	Me and My relationships	Valuing difference	Keeping myself safe	Rights and Responsibilities	Being my Best	Growing and Changing
Year 6	Assertiveness Cooperation Safe/unsafe touches Positive relationships	Recognising and celebrating difference Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour Gender stereotyping	Understanding emotional needs Staying safe online Drugs: norms and risks (including the law)	Understanding media bias, including social media Caring: communities and the environment Earning and saving money Understanding democracy	Aspirations and goal setting Managing risk Looking after my mental health	Coping with changes Keeping safe Body Image Sex education Self-esteem