

Ready for new challenges?

- embrace new Encourage your child challenges to try new activities,
- Encourage your child to try new toods
- craft activities using o Do some art and scissors? paintbrush, or they control a pencil range of tools - can
- spoon to eat a range Ensure your child can use a knife, fork & of meals unaided
- Celebrate new atter making attempts at things mistakes
- supervised risks Encourage lots of outdoor activities, taking safe and
- Can your child write it? name and try and recognise his/her

conversa<mark>tion</mark>s with others Engages in play and

- Practise taking turns while playing games and puzzles
- Encourage phone/video can speak freely calls with family and friends where your child
- When you are out for about what they can see walks, talk to your child hear, smell, or feel
- Encourage new animals and plants the names of different vocabulary e.g. learning
- Use clear and simple child to follow alone instructions for your
- Discuss what your child day before bedtime has enjoyed about their
- Share fiction and nonand what might happen about what is happening fiction books and talk
- rhymes Listen to (and join in with) songs and nursery

Able to ask for help when needed

- Encourage your child to help when they need it possible and to ask for be as independent as
- Encourage them to try once more by themselves before you
- Explain to your child help
- themselves by how to do something modelling the
- Ask your child to help behaviour yourself
- Nof something easier for you sometimes and thank them for making
- Talk to your child about community who are people in the
- who will be there to Talk to your child about there to help us

school help when they are at

Dress and go to the toilet independently

Explain how they can putting shoes on and off dress rather than doing buttons, zips and independently including Encourage dressing

ARE

YOU

READY

- Practise dressing skills with teddies/dolls if you it for them
- Practise putting on and taking off school have them
- Ensure that your child uniform and PE kit
- Ensure they know the going to the toilet importance of washing independently after can clean themselves
- Explain that at school adults know where you to the toilet so that you need to ask to go before meals after the toilet and

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their hands properly

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