

# FOOD FESTIVAL

By Aspens

## WEEK 1

MONDAY - Toasted Muffin with spread & Apple Slices

TUESDAY - Crudites & Tomato Dip

WEDNESDAY - Cream Crackers & Beetroot Hummus & Cucumber Slices

THURSDAY - Cheese Sticks With Melon Slice

FRIDAY - Pitta Fingers, Fresh Tomato & Cucumber Slices

## WEEK 2

MONDAY - Wholemeal Toast with spread & Orange Slices

TUESDAY - Cheese & Tomato Toasted Bagel

WEDNESDAY - Cream Cracker, Cream Cheese & Sliced Grapes

THURSDAY - Pitta Fingers, Cucumber & Carrot Sticks

FRIDAY - Yoghurt & Melon Slices

## WEEK 3

MONDAY - Cheese Sticks, Cucumber & Tomato Wedges

TUESDAY - Crudites & Vegetable Hummus

WEDNESDAY - Egg mayo & Toasted Wholemeal Soldiers

THURSDAY - Banana topped Crumpet (spread available as an alternative)

FRIDAY - Cheese on Wholemeal Toast & Homemade Tomato sauce